

# NHVR & WA Fatigue plans

15/11/2024 3:09 pm AEDT

The [Heavy Vehicle National Law](#) sets three work and rest options.

- [Standard hours](#)
- [Basic Fatigue Management \(BFM\)](#)
- [Advanced Fatigue Management \(AFM\)](#)

These apply in all states except WA and NT. Logmaster Fatigue plan options in NHVR mode include:

## **Standard**

### **Standard Bus**

### **Standard Two up**

### **BFM**

### **BFM Two up**

### **Exemptions for concrete agitator and livestock transport vehicle drivers**

### **AFM**

[NHVR Fatigue Reference Card](#)

## **Western Australia Fatigue plans**

WA regulates fatigue through its Occupational Safety and Health (OSH) legislation. The WA regime focuses on non-work rest time which by default leaves time available for work. Although work diaries are not required there is a requirement to maintain a work/driving record. Logmaster provides for WA users the fatigue plans and format that meet WA requirements:

### **14 Day Solo Plan**

### **28 Day Solo Plan**

### **7 Day 2-Up Plan**

### **48hr 2-Up Plan**

[Click through to see WA Rule Set descriptions #](#)

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